

# Pro-Life Global LIFE Team Guidebook



**"The thief comes to kill, steal, and destroy, but I have come that you might have life and have it more abundantly."**

**- John 10:10**

**#ImALifesaver**



**PRO-LIFE  
GLOBAL**



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# Start a LIFE Team!

*Pray and seek God's wisdom and who and when to gather.*

## **1) Gather**

- a) At least 3 people. Other classmates and/or friends from your community. Invite a teacher or older community member to be your team mentor.

## **2) Pray**

- a) Christ-centered
- b) Word
- c) Worship
- d) Prayer
- e) Authentic Friendship: sharing what God wants each of you to do individually and as a team to bring life

## **3) Do**

- a) What you sensed God directing you as a team to do. Call to action followed by a deadline for you to complete it.

*Tip: When trying to accomplish or delegating a task, attach a date to complete it.*

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#### **4) Become an Official PRO-LIFE GLOBAL LIFE TEAM!**

a) Find your advisor/mentor (required), create your constitution (mission, vision), divide leadership roles, and host your first outreach. Once this is done, contact your PLG City Captain or National Leader to fill out the LIFE TEAM Registration Form! We would love to promote you and your team on our social media! As an official LIFE Team, you are eligible to receive free flyers, fetal models, advanced training certificates, participate in competitions, apply for start-up business grants, apply for traveling grants, and join our exclusive Pro-Life Global leaders trainings, mentorship calls, and network with leaders from across the globe.

*See page 14 for Life Team levels and what you are eligible for. Applying for a grant will not guarantee you will receive it. Pro-Life Global leadership will make the final decision.*





# Core Values

1. **Intimacy with Jesus:** We aim to put Christ at the center of our lives by spending time in the Word, worship and prayer, and fervently seek to follow God.
2. **Unity in the Body of Christ:** We strive to be ecumenical, aligning ourselves with the Bible and creating a thriving community that values authenticity and integrity.
3. **Spread the Good News of LIFE:** We are bold, brave and compassionate team members sacrificially focused on sharing the truth of life, and serving those we walk beside with the grace and humility of Christ.



# Spiritual Endurance

We cannot support others unless we are healed ourselves. Healing requires honesty and vulnerability with others. What is hindering me from being a lifesaver (fear, etc.)? Here is a way to start team meetings.

Small group reflection:

1. What is the **Lie** I was believing? When did I start believing it? (*Write it down*)
2. *What is the Truth/where was Jesus in this situation? (Write it down)*
3. *Is there anyone you need to Forgive? (Write it down)*

Prayer:

"Lord, I **Forgive** \_\_\_\_\_ for \_\_\_\_\_.

In the Name of Jesus, I reject the **Lie** that \_\_\_\_\_ and I believe the **Truth** that \_\_\_\_\_.

Heavenly Father, I surrender my life to you fully. Thank you for your Son Jesus Christ who gave His life so I could be forgiven and free from \_\_\_\_\_.  
What do you want to give me in return?" (*Write it down.*)

## 5 Key Elements of A LIFE Team:

- Self-Supporting
- Self-Governing
- Self- Directing
- Self-Marketing
- Self-Replicating



# LIFE Team Event Ideas + Schedule

Consistent meetings/events keep people engaged and help you make an impact. It's best to vary between internal (educational/social events to build up your club members) and external events (outreaches to reach your peers) and justice focused and mercy focused.

For example, in a month, you might have:

- 1 internal education event
- 1 external education event
- 1 internal support event
- 1 external support event

Following this model, after your kick off gathering, your first month could include:

**Week 1:** Education Internal – Pro-Life 101 Training

**Week 2:** Education External – Surveying

**Week 3:** Support Internal – Create an Action Plan

**Week 4:** Support External – Outreach



# Education – Internal

**Pro-Life Training** – Give a PLG Training to your group. Ask your group mentor to be trained how to give it. Trainings include:

- **Pro-Life 101**–when human life begins, what is abortion, how abortion hurts women & men, chastity, and what will you do about it?
- **Standing in the Battle**– what are you called to do? How can you stand fast when faced with challenges?
- **Pro-Life Conversations**– learn how to help someone find the truth regarding their worth and the worth of the preborn using questions, stories, and empathy.
- **Science & Philosophy**– when does human life begin? Do all humans get human rights? There's a few simple questions to help someone discover the truth for themselves.
- **True Love** – We're all starving for real love, but often gorging ourselves on the counterfeit: lust. It doesn't fulfill. God's plan for human love is the only thing that truly satisfies. Start the journey to find healing from the effects of unwanted sexual behavior and trauma. You can live free and with authentic love!
- **Harms of Birth Control & Fertility Awareness**
- **Special Speaker (doctor, post-abortion counselor, etc.)** – ask your mentor for ideas.
- **Debate** – divide up the group into teams. One team represents the pro-choice side and the other the pro-life position. Give each side a set amount of time to prepare (1 week or just 20 minutes!). Have one person speak from each side and then rotate. Allow time for

Continued →



the opposite team to ask the speakers questions. Think about which arguments would be effective in the media.

- **Movie Night** – get snacks! Invite your whole campus! Need ideas? [There's a list of pro-life movies here](#). Dive in Deeper – Go to Homefront ([homefront.unitedfamilies.org](http://homefront.unitedfamilies.org)). Choose a Topic (Feminism, Sexuality, Marriage/Family, Life Issues, Religion, etc.). Pick two or three of the videos/articles to read/watch as a group and a couple discussion questions. Decide on one action item you'll each do before the next week. Prayer Gathering – Meet in front of your local community center or church or health center/facilities that do abortions and pray for an end to abortion in your community.

## Education – External

**Survey** – need more team members? Do this!

- Get a piece of paper.
- Write on the top name and number. Fill out the first 3 lines with your club member's info (no-one likes to be the first one to do something!).
- Go to a place on campus/at school with a lot of people. Ask them: "Are you for abortion or against it?" If they say they're against abortion, tell them about your club and ask them to join! If they're for abortion, let them know that they can contact you (or your local pregnancy center) if they ever know someone in a crisis pregnancy.

**Outreach** – change hearts & minds on abortion! Ask your classmates a question such as, "What do you think about abortion?"



- Get a piece of cardboard and write on it: “What do you think about abortion?” Set up a table on campus or just stand in a place with a lot of people and ask people kindly, “What do you think about abortion?” If you have a whiteboard, use this as a place for people to share their thoughts and then ask them why they wrote what they did. Food is always a great way to draw people in as well!
- If they’re pro-life, get their number and invite them to next week’s club meeting!
- If they’re pro-abortion, ask why. If you don’t know what to say to their arguments, write them down and ask for their contact information so that you can get back to them with a response.
- At the end of the outreach ,gather everyone to a gathering circle. Discuss how conversations went and if anyone changed their mind from pro-abortion to pro-life. If someone didn’t know how to respond to an argument, discuss how they could have. If you need further advice, ask your club mentor.

**Flyering Campaign** – post pro-life fact flyers or flyers to invite people to your next event around campus

**Sidewalk Chalking** – write messages using chalk, calling your campus to stand for justice for the preborn. Educational facts or an invite to your next event are great also! You might need to get approval from your campus.



# Support – Internal



- Create a plan to bring awareness of the solutions together
- Brainstorm as a group which fears a girl at your school/university might have which might make her consider abortion.
- Create a plan of how you could solve these. List any local organizations or individuals who could help.

**Create an Action Plan** – create a plan of how to support women in pregnancy crisis in your community.

**Special Speaker** – invite someone to speak who has experienced abortion, a young mom or mom who experienced an unexpected pregnancy, someone from your local pregnancy help center, or a sidewalk advocacy counselor.

**Create a Business Plan** – how can you earn money to support girls in pregnancy crisis in your community? See the Stewarding Financial Resources Page for tips on how to do this.

# Support – External

**Support Poll** – Find out what is needed on your campus for women in pregnancy crisis.

- On a large whiteboard or piece of paper, ask a question, such as, “How can our university/school better support women in unexpected pregnancy?” Or, “What do pregnant & parenting students on campus need?” Ask people to write down the answer to your question. If you don’t have a whiteboard or paper, just go up to people, and tell them you’re taking a poll, ask them your question and take notes in a notebook.



- inform the people about your club and other local support organizations/resources.
- At your next club meeting, evaluate your responses and create an action plan to solve the biggest need.

**Baby Shower/Item Drive** – Do you know someone in your community in a crisis pregnancy? Does your local pregnancy center need items for moms? Organize a drive!

- Post flyers or chalk on sidewalks about the drive and what you need.
- Setup a box or table to collect items!
- Be sure to let people know how to get in touch with your club or your local pregnancy center, in case they ever know someone in a crisis pregnancy.

**Sidewalk Counseling** – Find out where the abortions are happening in your community and go there to pray and sidewalk council.

**Build a Supportive Community** – Use a club meeting to contact your school principal/administration, community leaders, and church leaders. Ask them to meet with two representatives from your club to discuss 1) what their current approach to an unexpected pregnancy is and 2) ways that you can help them to be able to better support women in your community facing unexpected pregnancies.



# Sample Meeting Schedule

## **Week 1:** Education Internal – Pro-Life 101 Training

- 0–** Welcome and Start in Prayer
- 15 –** Training
- 45–** Small Groups
- 60–** Practice Elements of Training
- 75–** Discuss needs and assign tasks for next meeting
- 85–** Wrap up announcements and prayer
- 90–** End

## **Week 2:** Education External – Surveying

- 0 –** Welcome and Start in Prayer
- 10–** Discuss completed assigned tasks.
- 20–** Share plan for surveying.
  - Set SMART goals
    - For example: During these thirty minutes of surveying, we will each survey 15 people.
    - Acknowledge obstacles:
      - Fear
      - People may be busy
      - People may have different views
      - Many people are off campus today
    - Set a return time



- 35-** Go in groups of two to survey.
- 65-** Return and discuss experience
- 80-** Announcement and final pray
- 90-** End

### **Week 3:** Support Internal – Create an Action Plan

- 0-** Start in Prayer and Welcome. Take extra time in worship, to listen, and hear God's voice in regards to what action you should take.
- 20-** Ask anyone who is willing, to share what they received in prayer.
- 30-** List brainstormed ideas
- 40-** Choose one idea
- 55-** Create plan for this idea. Give roles
- 80-** Assign tasks and closing prayer
- 90-** End

### **Week 4:** Support External – Outreach

- 0 -** Start in Prayer
- 5 -** Implement a support event for your community, a mom, baby, etc.
- 80-** Thank everyone for coming, close in prayer.



# LIFE Team Levels

## LIFE Team: Level 1

### Requirements:

- **3 People** whose contact info has been given to PLG
- **Mentor** whose contact info has given to PLG
- **Club name, mission, vision, have elected their leaders, commit to club meetings at least 1 x month.**
- **Complete an outreach**

### Eligible to apply for:

- 1 set of free outreach flyers
- promote on PLG social media

## LIFE Team: Level 2

### Requirements:

- **2-4 external events**
- **Gave Pro-Life 101 to another youth group/school/university**
- **At least 3 club members become certified lifesavers**

### Eligible to Apply for:

- Set 2 of flyers covering  $\frac{3}{4}$  of the cost of flyers
- Start-up business grant of up to \$30 (must submit business plan & receipts)



# **LIFE Team: Level 3**

## **Requirements:**

- **5+ external events**
- **3+ Pro-Life 101s to other groups**
- **Started another LIFE Team**

## **Eligible to Apply for:**

- Set 3 of flyers covering ½ of the cost of flyers
- Bibles for top 2 club leaders
- Start-up business grant of up to \$80 (must submit business plan & receipts)
- Travel grants to host a ½ day training & outreaching different city to start more LIFE Teams



# Leadership Positions



Every group needs to have leaders with clearly designated roles. The top three are positions which each group needs (president, vice president, and communication coordinator). After this groups can be creative to find out which positions best meet their needs.

## **President**

- Over sees the implementation of group goals and plans
- Prepares the agenda and leads meetings
- Delegates task staffers and follows up with them to ensure implementation of group goals

## **Vice President**

- Assists the president with his/her roles
- Leads meetings if the president is absent
- Oversees finances, if there is not a designated treasurer
- Meets all new members at meetings

## **Communication Coordinator**

- Makes sure that all group members and interested member know about events via email and/or WhatsApp/Signal.
- Oversees group social media: TikTok, Facebook, Instagram, etc.
- Oversees group graphic design

*Tip: Some extra roles that may be helpful for more members.. REMEMBER IF SOMEONE HAS ROLE THAT MAY HELP THEM STAY ENGAGED WITH A CLEAR DIRECTION OF WHAT THEY CAN HELP WITH. Many people want to help and if they feel unhelpful in a club they might lose interest and end up leaving.*



### **Outreach Coordinator**

- Plans and leads outreaches at LEAST once a month basis at your school/university/in your community

### **Support Coordinator**

- Oversees support and resources for those in pregnancy crisis in your school/university/community

### **Finance Chair**

- Keeps records of any money raised and spent and communicates with supporters on the needs and how money is raised are used

### **Ambassador**

- Contacts new people who sign up for the club within 24 hours and sets up a meeting with them personally to find out their passions/skills and how they can best serve the group



# Constitution

## FAQ

### **What is a constitution?**

A formal paper with your vision and mission for your club that is used to guide and form your new LIFE TEAM.

### **Why am I required to have one?**

You must have one if you would like to become an official Pro-Life Global LIFE Team. It is also helpful for unity on a team and if you pass on the team, the goals can stay consistent for however long the team is established.

### **Can I change it?**

Yes! Just be sure to contact your team mentor so they can contact the indicated person to update our forms.



# Example of a Constitution

The Name of our Organization is: Blank University LIFE Team

## **Values & Mission**

### **Our Core Values Are:**

- 1) **Value of every person** – from the moment of conception until natural death
- 2) **Integrity** – in every area of our life, including our sexuality
- 3) **Service** – sacrificially giving our time and resources to help those in need

### **Our Mission Is:**

To educate our peers on the human rights crisis of abortion and support those facing unexpected pregnancy

## **Membership**

*Who is allowed to be a member?*

Anyone who agrees with our values and mission.

*What must a member do to be a member of good standing?*

Attend 3 meetings and fulfill obligations which they committed to (or communicate to the club leadership if they are not able to do so).

## Leadership



The club will elect the following positions:

- President
- Vice President
- Communication Coordinator
- Finance Chair

**The President will:** lead meetings, call special meetings, be the primary contact for most purposes, appoint committee chairs, and run the election process.

**The Vice President will:** assume the President's duties in his/her absence and schedule meeting facilities.

**The Communication Coordinator will:** will take and distribute the minutes of all club meetings, keep records (current and past members & club history), notify members of events, manage the social media, and handle the official correspondence of the club.

**The Finance Chair will:** maintain the budget, keep records of any money raised and spent; communicate with supporters on the needs and how money is raised are used.

## Meetings & Activities

Regular meetings will take place at the same time every week and place if at all possible. Issues of even campus meeting distribution will be addressed as circumstances warrant. E-mail and WhatsApp messages will be sent to all members to remind them of meetings. Plans for the next meeting will be discussed at the end of each meeting. Meetings and events will also be promoted through other campus postings, in order to continually recruit new members.



## **Elections**

**Elections shall be held every spring.** A term of office lasts through one academic year.

**Only members of good standing (as defined above) can vote.**

Candidates must be members in good standing.

**Voting will be by secret ballot,** tabulated by the President, and a candidate must achieve at least 50% of the vote.

## **Amendment**

This Constitution can be amended by a majority vote of active members.

## **Ratification**

***We, the undersigned, are the founding members of this organization, and, having agreed with the statement of purpose, agree to hold ourselves to this constitution as long as we claim to be members.***



# Constitution Template



The Name of our Organization is:

-----

## **Values & Mission**

Our Core Values Are:

1) -----

-----

2) -----

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Our Mission Is:

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## **Membership**

Who is allowed to be a member?

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What must a member do to be a member of good standing?

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## **Leadership**

The club will elect the following positions:

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## **Meetings & Activities**

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## **Elections**

Elections shall be held \_\_\_\_\_. A term of office lasts \_\_\_\_\_.

Only members of good standing (as defined above) can vote.

Candidates must be members in good standing.

Voting will be by secret ballot, tabulated by the President, and a candidate must achieve at least \_\_\_\_\_% of the vote.

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# Stewarding Financial



## Resources

Now that you have an established group, it's time to start thinking about how to best steward the resources the Lord has blessed you with.

Let's start with **Finances**. How can you steward your finances well?

**1. Make a list of your values as an established group.** Write down what matters to your group and put them in order.

**2. Set your goals**

- a. Write down the goals you have for your group.
- b. Think about what you want to accomplish financially in the next three months, the next year, and the next three years.

**3. Determine what resources you have**

- a. What financial resources are coming in?
- b. Is it consistent or will it vary month to month?

**4. Determine your expenses**

- a. What are your "Fixed expenses"? Expenses that stay relatively the same month to month
- b. What are your "Flexible Expenses"? Expenses that may vary month to month.
- c. Determine what expenses may be quarterly, semi-annual, and/or yearly.



## **5. Create your budget**

- a. Your budget should meet your "needs" first, then the "wants" that you can afford.
- b. Your expenses should be less than or equal to your total income.
- c. If your income is not enough to cover your expenses, adjust your budget (and your spending!) by deciding which expenses can be reduced.

## **6. Saving**

- a. Have each LIFE Team member contribute a set amount each at each weekly meeting. Put this money into a fund (at a local bank or with the pro-life organization for your country).
- b. A great goal is to establish an emergency savings fund large enough to cover three to six months of your expenses.
- c. After you have an emergency fund, your savings can go toward meeting your goals.

## **7. Check back periodically.**

- a. Be sure to review your budget regularly.
- b. Make adjustments or create a new budget that better meets your needs



## Sample Group Budget

<b>Fixed Expenses</b>	<b>Amount of Money</b>
Food during weekly club meetings	
<b>Flexible Expenses</b>	
Paint/markers for signs (use cardboard for the signs) Sidewalk chalk	
Sanitary pads to distribute at schools	
<b>Income</b>	
Bake Sale	
Handmade sanitary pads	
<b>Revenue (Income - Expenses)</b>	





## Sample Business Budget

<b>Fixed Expenses</b>	<b>Amount of Money</b>
Chicken Food	
Flexible Expenses	
Chickens – purchase cost	
Medicine	
Income	
Eggs sold	
<b>Revenue (Income – Expenses)</b>	

## Multiplying Your Resources

1. Create a Savings Fund. Ask each LIFE Team member to contribute a set amount at each weekly meeting.
2. Determine to whom, how much, and for how long you want to loan the money. Keep strict records.
3. At the end of the set time (3, 6 or 9 months), collect the loaned money along with the dividend and put it towards your LIFE Team work and future loans.



# Stewarding Non-Financial Resources

What does a woman in a pregnancy crisis need? Housing, food, income, support, supplies, etc.

What can you do to help meet those needs? Where can she stay? Can she stay with family? Is there housing available either temporary or permanent?

What is her source of income? Will she be able to continue working after the baby is born? What skills does she have? Who is available that she could trade goods/services for? Example, Babysitting for food. What to consider when trying to fill these needs.

## **1. Spiritual gifts**

- a. What spiritual gifts has the Lord entrusted to people in your group? Leadership, serving, teaching, etc.
- b. How can those spiritual gifts further the values and priorities of the group?

## **2. Education/Work Experience**

- a. What people in your community have education or work experience in an area that could be helpful? Administration, counseling, accounting etc.



- b. Who do you know that has a need that could be filled by a woman in a pregnancy crisis? Who needs help with their business? Help with childcare, cleaning, cooking, etc.

### **3. Natural Skills/Talents**

- a. What skills or natural talents do the people in your community possess? The arts, public speaking, woodworking, hair dressing, baking, etc.
- b. How can those be best utilized?

### **4. Natural Resources**

- a. Who do you know that has material items you could borrow? For example: computer, projector, etc.?
- b. Who do you know that has space to host events or classes?
- c. Can you connect/partner with a clinic/medical provider to help pro bono or at a lower cost?

# Checklist: Helping Moms Choose Life



1. **Help her choose life:** ask her why she is considering abortion and help her create a plan to solve the problem.  
Be there every step of the way for her
2. **Help her create a budget**
3. **Connect her with a local church**
4. **Connect her with the local LIFE Team**
5. **Support her!**

